



BEESWIFT
FOCUSED ON SAFETY

Product Code

CM1304

Available in Sizes

ONE SIZE

Available in Colours

White
CM1304

DATASHEET

Click Medical AED Defibrillation / CPR Poster



- Fully coloured illustrations and clear, easy to follow text
- Clear step by step instructions
- Compiled by qualified health and safety practitioners
- Encapsulated finish for superior durability
- Fully updated with the latest guidance
- Size 59 x 42cm (A2 Paper size)

AED Defibrillation & CPR

1. AED Defibrillation

The purpose of an AED (Automated External Defibrillator) is to compare the heart's rhythm with CPR. It significantly increases the chance of survival from a cardiac arrest.

The delivery of a controlled electric shock from an AED, under the instruction of audible and/or graphical prompts or voice or screen, that may include the correct volume (CPR) and defibrillation (the chance of survival) returns by 10% (British Heart Foundation).

All the models set by this guidance for their use and will only deliver a shock to the casualty if required. The machine is also designed to have a heart rhythm screen and a manual, a controlled electric shock will be delivered automatically to the resuscitator of the casualty.

2. Danger

Assess the situation

Place a tick that you and any bystanders are safe. You should look for:

- Aged people
- Babies
- Violence
- Animals
- Fire
- Spillages
- Sharp objects

3. Response

Check whether the casualty is responsive

- 1) Ask "Open your eyes if you can hear me" and call their name if you think it.
- 2) Ask all with the casualty's name to open their eyes.
- 3) Check casualty's reactions.
- 4) Shout across the casualty unless the environment or bystanders respond.

4. Airway & Breathing

For an emergency casualty

Open the airway

- 1) Ask the bystanders to ensure there are no obvious obstructions.
- 2) Open the casualty's mouth by tilting the head back. This will lift the tongue from the back of the throat.
- 3) If a nasal airway is available, and use based on the distance to head of chest and face. This induces normal breathing.

5. Getting Help

Call for help

A phone, use a mobile phone to call the Emergency Medical Services (EMS) by dialling 999 or 112.

A telephone is a power source for the AED, once the casualty's device, and the phone has been checked.

6. CPR

30 seconds waiting for the AED to arrive. Start CPR

- 1) Place the casualty on a firm & flat surface.
- 2) Place the heel of one hand on the other's forehead.
- 3) Apply the heel of the other hand on top of the first.
- 4) Push down approximately 4-5 cm. Give 30 chest compressions. At the rate of 100 per minute. (10)
- 5) After 30 chest compressions, open the airway again using head-tilt/chin-lift. (10)
- 6) Seal the device with your forehead and mouth.
- 7) Give 2 rescue breaths and restart the cycle of 30 chest compressions. If manual resuscitator AED accessories available. (10)

7. Using the AED

If you have an AED, use it immediately with chest compressions until you have received the AED.

Open the lid of the AED

- 1) Ensure the leads for the Red Pads are correctly connected to the AED only.
- 2) An instruction AED is available, use the voice to remove any lead from the casualty's chest area.
- 3) If the chest is wet, use a towel or tissue to dry the area. If manual Red Pads Red Pad handling protocol.
- 4) As shown on the video, place them on the casualty's chest.
- 5) Ensure rescue breathing the casualty on the AED analysis the casualty's heart rate. The AED will advise you when to start CPR.
- 6) If a shock is required the AED will advise you when to give the shock. Follow the AED (Clear-Analysis-Lock) on the AED and follow the AED's instructions for the AED's analysis.
- 7) Resuscitation (CPR) as instructed by the AED.
- 8) The AED will continue to analyse for a shock. Continue the cycle of CPR followed by the AED's instructions. The machine will be continuously advised by the AED only.

How long CPR for

- The casualty shows signs of recovery.
- You are instructed to do so by the Emergency Services.
- The machine indicates that you can stop.
- The situation changes and you are now in immediate danger.

© Safety First Aid Group Ltd 2017

The information contained in this poster is for guidance only and should not be used as a substitute for recognised training.

AED/REV/01/24

