

## Blue Dot Luxury Hot / Cold Re-Usable Gel Pack Large

BLUE DOT

Product Code

CM0376

Available in Sizes

**ONE SIZE**

Available in Colours



Luxury large re-usable fabric Hot-Cold gel pack.

Cold therapy:

- Store in freezer for 1 hour to use for cold therapy
- Cold therapy used for swelling reduction, tooth ache, headaches and reducing fevers

Hot therapy:

- Place in microwave for 30 seconds or Boil for 7 mins to use for hot therapy
- Hot therapy used for muscle relief, back pain, sinusitis, menstrual cramps



BLUE DOT™

